



All dishes are served with seasonal vegetables

# MENU WEEK 1

Week starting: 4 Nov | 25 Nov | 16 Dec  
20 Jan | 10 Feb | 9 Mar | 30 Mar

## MONDAY

**BBQ chicken fillet with not so spicy rice**

Tomato/carrot soup with croutons **V**

Melon sail\* **Ve**

## TUESDAY

**Beef bolognese with garlic bread**

French bread margherita pizza **V**

Jacket potato with various fillings

Fruit yoghurt selection **V**

## WEDNESDAY

**Classic roast chicken ,stuffing, roast potatoes & gravy**

Squash-age roll with roast potatoes & gravy **V**

Ginger biscuit **V**

## THURSDAY

**Veggie quarter pounder with potato wedges **Ve****

Southern style wrap with crispy lettuce **V**

Fresh fruit salad\* **Ve**

## FRIDAY

**Breaded fish fillet with home fries**

Veggie hotdog with home fries **V**

Chocolate & beetroot muffin with crème fraîche **V**

# MENU WEEK 2

Week starting: 11 Nov | 2 Dec | 6 Jan  
27 Jan | 24 Feb | 16 Mar

## MONDAY

**Spaghetti beef meatballs**

Tomato pasta bake **V**

BBQ chicken bao bun with rainbow noodle salad

Cheese 'n' crackers with apple slices\* **V**

## TUESDAY

**Cheese & tomato pizza topped with slices of quorn frankfurter or pepperoni **V****

Cheese & tomato Pizza

Banana loaf with custard **V**

## WEDNESDAY

**Yorkshire pud filled with British beef & gravy with roast potatoes**

Roasted vegetable filled Yorkshire pud with roast potatoes **V**

Fruit yoghurt selection **V**

## THURSDAY

**Lincolnshire pork sausages with mash & gravy**

Veggie sausage with mash & gravy **V**

Panini with various fillings

Fresh fruit selection\* **Ve**

## FRIDAY

**Oven baked fish fingers & home baked fries**

Loaded potato boats with cheese & ham

Chocolate & orange biscuit **Ve** with a glass of milk

# MENU WEEK 3

Week starting: 18 Nov | 9 Dec | 13 Jan  
3 Feb | 2 Mar | 23 Mar

## MONDAY

**Cheese & tomato pizza with herby diced potatoes **V****

Glamorgan sausage with herby diced potatoes **V**

Fruit yoghurt selection **V**

## TUESDAY

**Jacket potato with various fillings**

**V** Tomato pasta bake  
Homemade shortbread

## WEDNESDAY

**Roast British chicken with sage & onion stuffing, roast potatoes & gravy**

Quorn fillet with sage & onion stuffing, roast potatoes & gravy **V**

Cheese 'n' crackers **V**

## THURSDAY

**Build a burger with baked tortilla chips**

Veggie burger with baked tortilla chips **V**

Fresh fruit **Ve** with crème fraîche\*

## FRIDAY

**Fishwich i with potato wedges**

Vegan nuggets with potato wedges **Ve**

Fish finger wrap

Rainbow sponge with custard **V**

**V** - Suitable for Vegetarians.

**Ve** - Suitable for Vegans.

\* Desserts highlighted with an asterisk contain a minimum of 50% fruit.

All of our meat, poultry, cheese & milk is Red Tractor Farm Assured. We never use fish on the Marine Conservation Society 'fish to avoid' list.

