

Twelve15 Egg Free Menu

Spring Summer 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week One	Mediterranean Vegetable Pasta Bake with Garlic Dough Balls ✓	Pork & Apple Grill with Creamed Potatoes	Roast British Chicken with Sage & Onion Stuffing, Roast Potatoes & Gravy	Ham & Cheese Pasta Bake with Wholegrain Bread	Breaded Flipper Dippers with Oven Baked Chips
	Veggie Bolognese with Penne Pasta ✓	Glamorgan Sausage with Creamed Potatoes ✓	Vegetable Slice with Sage & Onion Stuffing, Roast Potatoes & Gravy ✓	Pizza Swirl with Spicy Potato Wedges ✓	Vegetable Quesadilla with Oven Baked Chips ✓
	Garden Peas Sweetcorn	Broccoli Florets Baked Beans	Spring Cabbage Batton Carrots	Sweetcorn Chef's Salad	Garden Peas Vegetable Medley
	Cheese & Biscuits ✓	Shortbread Biscuit ✓	Yoghurt Selection ✓	Fruity Flapjack with a Fresh Apple Wedge ✓	Vegan Chocolate & Beetroot Brownie with Crème Fraîche ✓
Week Two	Loaded Cheese & Tomato Pizza with Potato Wedges ✓	Chicken & Butternut Squash Curry with Rice	Roast British Beef with Roast Potatoes & Gravy	BBQ Lincolnshire Sausages with Crispy Herb Potatoes	Pollock or Salmon Fish Finger Wrap with Oven Chips
	Veggie Bolognese with Penne Pasta ✓	Glamorgan Sausage with Creamed Potatoes ✓	Vegetable Slice with Sage & Onion Stuffing, Roast Potatoes & Gravy ✓	Pizza Swirl with Spicy Potato Wedges ✓	Vegetable Quesadilla with Oven Baked Chips ✓
	Mixed Salad Vegetable Medley	Broccoli Florets Sweetcorn	Cauliflower Florets Carrot Roundels	Baked Beans Green Beans	Chef's Salad Crushed Peas
	Chilled Melon Slice ✓	Yoghurt Selection ✓	Cheese & Biscuits with Apple Slices ✓	Strawberry Mousse ✓	Vanilla Ice Cream ✓
Week Three	Vegan Sausage Roll with Crispy Herb Potatoes ✓	British Beef Burger in a Bun with Sweet Potato Wedges	Roast British Gammon with Roast Potatoes & Gravy	Chicken & Thyme Meatballs in a Tomato Sauce with Pitta Bread & Couscous	Breaded Fish Fillet with Hash Browns
	Jacket Potato Filled With Chilli Non Carne ✓	Country Vegetable Burger in a Bun with Sweet Potato Wedges ✓	Vegetable Slice with Roast Potatoes & Gravy ✓	Mediterranean Pasta Bake ✓	Vegan Nuggets with Hash Browns ✓
	Green Beans Carrot Roundels	Chef's Salad or Salad Bar	Broccoli Florets Batton Carrots	Sweetcorn Chef's Salad	Garden Peas Baked Beans
	Yoghurt Selection ✓	Shortbread Biscuit ✓	Chilled Melon Slice ✓	Cheese & Biscuits ✓	Vegan Chocolate & Beetroot Brownie with Crème Fraîche ✓